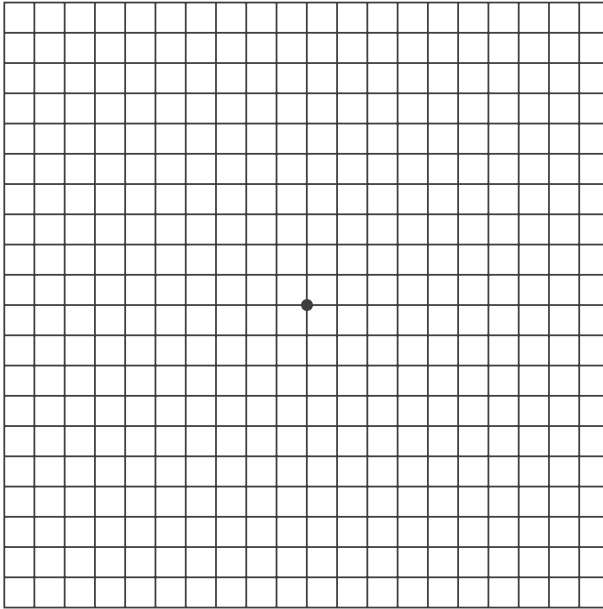


# AMSLER GRID



- Wear the eyeglasses you normally wear for reading.
- Hold the grid approximately **14 to 16 inches** from your eyes.
- **Test each eye separately:** Cup your hand over one eye while testing the other eye.
- Keep your eye focused on **the dot in the center** of the grid and answer these questions:
  1. Do any of the lines in the grid appear **wavy, blurred or distorted**?
  2. Do all the boxes in the grid look square and the same size?
  3. Are there any “holes” (missing areas) or **dark areas** in the grid?
  4. Can you see all corners and sides of the grid (while keeping your eye on the central dot)?
- Switch to the other eye and repeat.

**Notes:**

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**IMPORTANT** – Report any irregularities immediately