

## Instruction for use

Please read this information carefully  
because it will help you to use HYLO NIGHT® properly

# HYLO NIGHT®

Vitamin A (Retinol palmitate)

For improvement of the tear film and protection of the ocular surface  
Preservative Free Vitamin A-containing eye ointment

### What is HYLO NIGHT®?

HYLO NIGHT® is a sterile, preservative free eye ointment for ocular use.

### Composition:

1 g HYLO NIGHT® contains 250 I.U. retinol palmitate (vitamin A), liquid paraffin, light liquid paraffin, wool fat and white soft vaseline.

Each tube contains 5 g of eye ointment.

### When is HYLO NIGHT® indicated?

HYLO NIGHT® improves the tear film and protects the surface of the eye.

HYLO NIGHT® is a particularly soft and smooth eye ointment which spreads easily on the surface of the eye.

The vitamin A ingredient is a physiological component of the tear film. Thus, the eye ointment is well tolerated and blends well with the existing tear film. The symptoms of burning, tired and dry eyes are relieved and the eyelids move easily over the conjunctiva and cornea.

### When should HYLO NIGHT® be used?

The symptoms of burning, itching, dry eyes or foreign-body sensation are often experienced due to dry or air conditioned environments. Environmental factors, side effects of medication, age, cigarette smoke, driving at night or prolonged periods working with visual display units can also be the cause of these symptoms.

HYLO NIGHT® relieves these symptoms and forms a comfortable long lasting protective film on the eyes. The thicker consistency of the eye ointment causes a slight impairment of vision. Therefore, HYLO NIGHT® is recommended to be applied before going to bed. HYLO NIGHT® lubricates to relieve sore eyes in the morning.

### How should HYLO NIGHT® be used?

Eye ointments should be used without contacting your eyes or skin with the tube.

Only use HYLO NIGHT® if the sealing of the folding carton was intact before the first use (☹).

Remove the protective cap.



Tilt your head backwards and gently pull on the lower eyelid using a finger of one hand.



With the other hand hold the tube in an upright position above the eye. Instil one strip of eye ointment into the gap formed between the eye and eyelid by gently squeezing on the tube.



Close your eye gently then blink normally.

Replace the cap firmly back onto the tube. To avoid contamination, do not allow the tip of the tube to touch the eye or any other surface.

### What further recommendations concerning the application should be followed?

If HYLO NIGHT® is applied during the day vision will be impaired because of the thicker consistency of the eye ointment. You should not drive a car, be near traffic, use machines or work in an unsecure environment during this time.

HYLO NIGHT® should not be used concomitantly with ophthalmic drugs. If necessary to do so, HYLO NIGHT® should be applied about 30 minutes after the application of the ophthalmic drug.

Please apply the eye ointment by gently pressing on the tube without cracking or rolling up the tube.

There are no restrictions for the use of HYLO NIGHT® in children or pregnant and breast feeding women.

HYLO NIGHT® eye ointment is only for you – it should not be shared with anyone.

In very rare cases hypersensitivity reactions like red, burning, itching eyes or excessive tearing have been reported which improved directly after treatment with HYLO NIGHT® was stopped.

### How often and how long should HYLO NIGHT® be used?

The frequency of use depends on your personal symptoms.

HYLO NIGHT® can be used in addition to lubricating eye drops and is used once a day before going to bed.

In cases of severe dry eye symptoms HYLO NIGHT® is usually applied three times a day into each eye.

If you require to use HYLO NIGHT® more often ask your doctor.

The duration of treatment is not limited.


### When should HYLO NIGHT® not be used?

HYLO NIGHT® should not be used when a hypersensitivity to one of its ingredients is known.

HYLO NIGHT® should not be applied while contact lenses are worn.

HYLO NIGHT® should not be used directly after ophthalmic surgery or in acute injuries of the eye as no clinical studies exist for this purpose.

### What do you need to know about storing HYLO NIGHT®?

HYLO NIGHT® eye ointment should not be stored above 25 °C (  25 °C ).

HYLO NIGHT® can be used for 6 months after opening.

The shelf life is 3 years.

Do not use beyond the expiry date (  ) (imprinted on the packaging carton).

Keep out of the reach of children.

### Date of information:

January 2019

### Manufacturer ( ):

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**STERILE A**

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